



Free Mental Health Screenings

What is National Depression and Anxiety Screening Day?

In 1990, The Screening for Mental Health (SMH) organization pioneered National Depression Screening Day as the first voluntary mental health screening initiative. It came about as an effort to reach individuals across the nation, provide them with important mental health education and connect them with regional support services. It is dedicated to raising awareness to the issues and challenges for those affected by symptoms of depression and anxiety and to provide a method to effectively screen out these issues.

Scientifically validated research studies have indicated that mental health screenings are successful at identifying at-risk individuals and connecting them with effective treatments. CPC provides outreach to the community to make it feasible for people to become informed, talk about, intervene, and support mental health awareness.

CPC has been a proud participant in this effort since 1999.

In honor of National Depression and Anxiety Screening Day, The Center for Psychology & Counseling (CPC) is providing

FREE mental health screenings to the community

Thursday, October 6, 2016

Two times and locations:

Walk-in from 11 am to 12 noon at

The Doylestown Wellness Center

847 Easton Road (Route 611) Warrington, PA 18976

Or

Walk-in from 1 pm to 2 pm at

The Center for Psychology & Counseling Office

1960 S. Easton Road Doylestown, PA 18901

This is a chance for adults, or accompanied adolescents, in the community to participate in the self-administered and brief (10-minute) screen to evaluate depression and anxiety in themselves or a loved one.

Please note: CPC will extend the window to for both **adolescents and adults** to participate in the screens through the month of October. Please call Dr. Harvey Ziff at 215-348-3300 to set up a time to schedule.



CENTER FOR
PSYCHOLOGY &
COUNSELING

About The Center for Psychology & Counseling: CPC was co-founded in 1994 by husband and wife team, Dr. Harvey Ziff and Julie Ziff, LCSW. CPC is a highly regarded private practice group that has faithfully served the Doylestown area for over 20 years. CPC offers a comprehensive range of psychological services for children, adolescents, adults, and families provided by an expertly trained and experienced team of therapists.

